

2019 Snake River Triathlon
500Y Swim, 24K Bike, 4K Run
March 22/23, 2019
Lewiston, ID

OVERALL INDIVIDUAL RESULTS

Place	No.	C Name	City, State	Ag	S	DivP	DivTl	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1.	537	CORY FLESHER	Saint Maries, ID	31	M	1	4	8:25	16:50	0:24	38:45	23.2	0:31	16:28	6:36	1:04:32
2.	535	CHRIS DOHRMAN	Plummer, ID	42	M	1	6	7:14	14:28	0:22	39:55	22.5	0:25	17:38	7:04	1:05:33
3.	542	BRIAN HANNIBAL	Moscow, ID	29	M	1	2	8:26	16:52	0:24	38:41	23.3	1:02	17:59	7:12	1:06:31
4.	527	TROY BAKER	Pendleton, OR	51	M	1	6	7:33	15:05	0:16	41:58	21.5	0:36	18:56	7:35	1:09:16
5.	531	JASON BROWN	Garfield, WA	43	M	2	6	7:57	15:54	0:25	42:53	21.0	0:25	17:54	7:10	1:09:32
6.	562	MARK ALLEN	Lewiston, ID	58	M	1	2	8:37	17:14	0:15	42:24	21.2	0:36	18:05	7:14	1:09:55
7.	555	NATHAN SPAIN	Moscow, ID	45	M	1	8	7:58	15:56	0:13	44:42	20.1	0:28	17:22	6:57	1:10:42
8.	548	REED MCDONALD	Meridian, ID	35	M	1	3	7:21	14:42	0:14	46:28	19.4	0:35	17:16	6:55	1:11:53
9.	554	CHAD SKILES	Moscow, ID	26	M	2	2	9:23	18:45	0:18	46:56	19.2	0:58	14:26	5:47	1:11:59
10.	566	LIZ WYLIE	Walla Walla, WA	48	F	1	4	8:39	17:18	0:17	44:28	20.2	0:46	17:53	7:10	1:12:02
11.	545	JAY HESSE	Lewiston, ID	49	M	2	8	6:54	13:48	0:16	45:08	19.9	1:04	19:24	7:46	1:12:45
12.	539	BRYAN GREEN	Lewiston, ID	32	M	2	4	8:32	17:04	0:21	44:10	20.4	0:42	19:41	7:53	1:13:25
13.	559	ANDREW THURBER	Spokane, WA	31	M	3	4	9:36	19:11	0:24	45:54	19.6	1:21	19:11	7:41	1:16:22
14.	557	BRUCE THORN	Walla Walla, WA	55	M	2	2	10:50	21:39	0:24	44:25	20.3	1:25	19:39	7:52	1:16:40
15.	569	JASON VOGEL	Lewiston, ID	48	M	3	8	7:51	15:41	0:15	46:01	19.6	0:59	22:16	8:55	1:17:20
16.	558	JOE THORNTON	Spokane, WA	61	M	1	2	9:12	18:24	0:20	47:06	19.1	0:55	20:05	8:02	1:17:36
17.	516	RHEA ROSS	Chewelah, WA	35	F	1	10	7:24	14:48	0:18	50:26	17.8	0:39	19:04	7:38	1:17:50
18.	550	WADE POULSEN	Spokane, WA	50	M	2	6	10:01	20:01	0:23	48:35	18.5	1:09	18:14	7:18	1:18:19
19.	561	JAMESON WREN	Pullman, WA	24	M	1	2	9:10	18:19	0:13	48:28	18.6	2:14	18:29	7:24	1:18:33
20.	530	ANDREW BRACKEBUSCH	Wallace, ID	24	M	2	2	9:16	18:31	0:17	51:34	17.5	0:24	17:13	6:54	1:18:42
21.	538	SHAY GARVEY	Liberty Lake, WA	45	M	4	8	9:53	19:46	0:21	47:46	18.8	1:11	19:37	7:51	1:18:47
22.	543	DEVIN HATCH	Spokane, WA	34	M	4	4	9:04	18:07	0:17	48:31	18.6	0:52	20:35	8:14	1:19:16
23.	533	BRAD DALY	Walla Walla, WA	65	M	1	4	7:31	15:01	0:19	48:18	18.6	2:00	21:40	8:40	1:19:45
24.	536	DUSTIN ELBEN	Lewiston, ID	36	M	2	3	7:58	15:55	0:16	50:26	17.9	0:30	20:41	8:17	1:19:47
25.	501	AMY HARTFORD	Walla Walla, WA	53	F	1	7	10:38	21:16	0:20	47:34	18.9	1:24	19:55	7:58	1:19:50
26.	564	JOE TRAVIS	Lewiston, ID	53	M	3	6	8:19	16:37	0:23	46:42	19.3	2:32	21:57	8:47	1:19:52
27.	563	ROMNEY HOGABOAM	Lewiston, ID	40	M	3	6	10:51	21:42	0:18	52:32	17.1	0:20	16:31	6:37	1:20:31
28.	534	GREG DIETRICH	Lewiston, ID	53	M	4	6	8:43	17:25	0:27	51:32	17.5	1:20	19:28	7:48	1:21:28
29.	505	HAILEY JOHNSON	Genesee, ID	24	F	1	2	6:30	12:59	0:17	53:00	17.0	0:45	21:25	8:34	1:21:55
30.	547	CURT JOHNSON	Genesee, ID	48	M	5	8	7:50	15:40	0:16	50:04	18.0	1:41	22:22	8:57	1:22:11
31.	518	ELIZABETH SHEPARD	Yakima, WA	58	F	1	7	8:05	16:10	0:25	46:00	19.6	0:53	26:57	10:47	1:22:18
32.	520	TIFFANY STORRO	Priest River, ID	35	F	2	10	11:15	22:30	0:19	50:44	17.7	1:05	19:03	7:38	1:22:24
33.	514	JANET RACHLOW WITHAM	Troy, ID	54	F	2	7	8:28	16:56	0:17	52:25	17.2	0:57	21:39	8:40	1:23:44
34.	503	HEIDI HOLUBETZ	Cottonwood, ID	21	F	2	2	9:43	19:26	0:19	53:56	16.7	0:44	20:28	8:12	1:25:08
35.	485	CANDACE BALL	Walla Walla, WA	63	F	1	3	9:03	18:05	0:26	54:05	16.6	1:18	20:36	8:15	1:25:26
36.	549	ANDY O'NEILL	Clarkston, WA	45	M	6	8	10:34	21:08	0:17	53:48	16.7	0:34	20:25	8:10	1:25:37
37.	495	MELISSA ECKERT	Lapwai, ID	38	F	3	10	11:18	22:36	0:43	52:01	17.3	0:56	21:16	8:31	1:26:12
38.	494	KRISTA DAVIDSON	Walla Walla, WA	55	F	2	7	10:08	20:15	0:19	54:58	16.4	0:59	19:56	7:59	1:26:18
39.	483	SHELLA AMES	Lewiston, ID	57	F	3	7	9:26	18:52	0:18	51:54	17.3	1:10	24:07	9:39	1:26:54
40.	568	MEGAN PAUL	Walla Walla, WA	43	F	1	3	9:55	19:50	0:22	51:34	17.5	1:05	24:15	9:42	1:27:10
41.	498	CHALESE HAFEN	Moscow, ID	29	F	1	4	10:16	20:31	0:19	56:20	16.0	1:10	19:13	7:41	1:27:16
42.	528	JOHN BALES	Moscow, ID	51	M	5	6	8:41	17:22	0:18	54:40	16.5	1:17	24:09	9:40	1:29:04
43.	544	MICHAEL HATTON	Cheney, WA	35	M	3	3	13:08	26:15	0:27	54:34	16.5	1:47	19:38	7:51	1:29:31
44.	506	TIFFANY KORVER	Spokane, WA	36	F	4	10	12:04	24:08	0:26	55:20	16.3	1:19	20:51	8:21	1:29:58
45.	524	MEGAN WILSON	Nezperce, ID	52	F	3	7	10:26	20:51	0:18	56:37	15.9	0:59	22:06	8:51	1:30:24
46.	532	STEVE DALE	Lewiston, ID	40	M	4	6	11:12	22:24	0:18	56:09	16.0	1:04	22:25	8:58	1:31:05
47.	546	ARNOLD JAHN	Spokane, WA	54	M	6	6	11:53	23:46	0:20	53:17	16.9	1:34	25:01	10:01	1:32:03
48.	499	THERESA HAMPSON	Walla Walla, WA	57	F	4	7	8:25	16:49	0:21	56:27	15.9	0:52	26:10	10:28	1:32:13
49.	526	MARCY ZARAGOZA	Spokane, WA	43	F	2	3	10:11	20:21	0:28	55:18	16.3	2:08	24:21	9:45	1:32:25
50.	484	SUSILA BALES	Moscow, ID	51	F	4	7	11:26	22:51	0:20	56:16	16.0	1:10	24:16	9:43	1:33:25

51.	567	KAREN CARLILE	Walla Walla, WA	39 F	5	10	9:53	19:45	0:27	56:44	15.9	1:28	25:17	10:07	1:33:46
52.	521	WENDY THOMAS	Spokane, WA	40 F	3	3	9:20	18:39	0:23	56:42	15.9	1:57	26:39	10:40	1:34:59
53.	490	KRISTEN BROWN	Lewiston, ID	38 F	6	10	9:55	19:49	0:23	57:23	15.7	1:13	26:48	10:43	1:35:39
54.	540	DON GREGGAIN	Clarkston, WA	61 M	2	2	8:42	17:24	0:20	59:54	15.0	1:20	26:11	10:29	1:36:26
55.	565	SARAH DAVIS	Uniontown, WA	31 F	1	5	10:10	20:19	0:19	59:17	15.2	0:53	26:16	10:31	1:36:53
56.	486	LYNNE BECK	Clarkston, WA	66 F	1	1	11:51	23:42	0:27	56:50	15.8	1:56	26:04	10:26	1:37:07
57.	511	TERRI NORWOOD	Walla Walla, WA	53 F	5	7	12:38	25:16	0:26	55:51	16.1	2:38	25:51	10:21	1:37:22
58.	560	STEVE WOODBURY	Clarkston, WA	65 M	2	4	8:34	17:08	0:30	55:09	16.3	1:40	32:02	12:49	1:37:53
59.	553	MIKE REISENAUER	Colton, WA	49 M	7	8	13:50	27:40	0:21	57:17	15.7	2:24	24:20	9:44	1:38:10
60.	513	MARCI PURCELL	Lewiston, ID	34 F	2	5	10:34	21:07	0:22	1:04:28	14.0	1:34	22:09	8:52	1:39:05
61.	508	KATELYN LITCHFIELD	Clarkston, WA	37 F	7	10	9:43	19:26	0:20	1:02:29	14.4	0:26	26:20	10:32	1:39:15
62.	510	KRISTIN MILLION	Pullman, WA	28 F	2	4	11:21	22:42	0:15	59:11	15.2	0:47	28:35	11:26	1:40:08
63.	496	JORDAN ELBEN	Lewiston, ID	34 F	3	5	9:01	18:02	0:21	1:02:23	14.4	1:27	27:46	11:07	1:40:56
64.	500	SHELLEY HARRISON	Lewiston, ID	39 F	8	10	13:32	27:04	0:18	1:02:15	14.5	0:32	24:30	9:48	1:41:07
65.	552	TOM REISENAUER	Colbert, WA	45 M	8	8	10:41	21:22	0:26	57:20	15.7	1:26	31:43	12:42	1:41:35
66.	529	BILL BEUTLER	Clarkston, WA	65 M	3	4	10:36	21:11	0:17	59:38	15.1	1:48	29:17	11:44	1:41:36
67.	523	KYLE WAETJE	Walla Walla, WA	39 F	9	10	12:03	24:06	0:25	1:05:01	13.8	1:22	23:13	9:17	1:42:02
68.	522	CONNIE TROUDT	Priest River, ID	56 F	5	7	16:38	33:15	0:17	1:02:24	14.4	0:34	25:35	10:14	1:45:26
69.	525	LAURA WOLD	Moscow, ID	34 F	4	5	9:29	18:57	1:00	1:13:53	12.2	2:13	23:02	9:13	1:49:35
70.	572	PORTIA HARKER	Clarkston, WA	11 F	1	1	14:17	28:33	0:22	59:56	15.0	1:11	35:47	14:19	1:51:31
71.	571	JONATHON HARKER	Clarkston, WA	44 M	5	6	9:24	18:47	0:47	1:04:28	14.0	1:44	35:31	14:13	1:51:53
72.	497	GAYLE GEIGER	Cheney, WA	29 F	3	4	11:03	22:05	0:19	1:09:00	13.0	0:38	31:56	12:47	1:52:55
73.	517	NIKKI SERVATIUS	Boise, ID	28 F	4	4	10:32	21:03	0:19	1:15:37	11.9	1:15	25:25	10:10	1:53:07
74.	556	JASON STEDMAN	Lewiston, ID	42 M	6	6	11:54	23:47	0:26	1:11:14	12.6	1:32	29:17	11:43	1:54:21
75.	487	ELLIE BOGAR	Moscow, ID	30 F	5	5	10:27	20:54	0:18	1:11:36	12.6	0:48	31:27	12:35	1:54:35
76.	507	BIANCA LAUZON	Deer Park, WA	45 F	2	4	12:53	25:46	0:28	1:08:30	13.1	2:28	31:09	12:28	1:55:26
77.	489	ANITA BRAZINGTON	Deer Park, WA	53 F	6	7	12:53	25:45	0:28	1:08:30	13.1	2:27	31:10	12:28	1:55:27
78.	491	KARNA BURRY	Clarkston, WA	46 F	3	4	13:21	26:42	0:31	1:14:19	12.1	2:57	29:39	11:52	2:00:45
79.	519	VANESSA STEDMAN	Lewiston, ID	37 F	10	10	16:28	32:55	0:18	1:14:32	12.1	0:43	29:34	11:50	2:01:33
80.	512	BRANDY POULSEN	Spokane, WA	46 F	4	4	22:02	44:03	0:26	1:03:55	14.1	0:30	35:33	14:13	2:02:23
81.	502	HELEN HOLMES	Anchorage, AK	76 F	1	1	12:51	25:42	0:24	1:16:05	11.8	1:12	32:19	12:56	2:02:50
82.	570	WESLEY FRANKS		66 M	4	4	15:04	30:07	0:31	1:08:32	13.1	2:07	39:24	15:46	2:05:36
83.	493	KIM COOPER	Spokane, WA	56 F	6	7	14:55	29:50	0:21	1:16:01	11.8	1:18	34:31	13:49	2:07:03
84.	488	MARLENE BOUIS	Clarkston, WA	61 F	2	3	12:56	25:51	0:21	1:16:27	11.8	1:24	39:34	15:50	2:10:40
85.	515	LISBETH RANDALL	Pomeroy, WA	56 F	7	7	11:35	23:10	0:23	1:36:09	9.4	0:36	27:43	11:06	2:16:24
86.	504	CARRIE JACOBS	Clarkston, WA	53 F	7	7	15:24	30:47	0:27	1:22:39	10.9	8:14	39:42	15:53	2:26:25
87.	509	DIANE MECHAM	Anatone, WA	62 F	3	3	15:28	30:56	0:26	1:29:17	10.1	1:36	39:40	15:52	2:26:25

SPRINT RELAY TEAM RESULTS

Place	No.	T	R	Team	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1.	482	C	A	JEFFORDS, WOODBURY & MCKAY	8:06	16:12					15:34	6:14	1:07:56
2.	479	C	A	TEAM LOCO	12:07	24:14				0:11	21:13	8:29	1:29:21
3.	480	C	A	BIG O -- LITTLE J	10:52	21:44	0:24	1:01:48	14.6	0:09	19:13	7:41	1:32:24
4.	481	C	A	TEAM TRY	11:33	23:06	0:24	56:25	16.0	3:35	25:41	10:16	1:37:36