

# FREEZE YOUR FANNY 5K

Saturday, January 26<sup>th</sup> – 2019

9:00am Start

- Start and finish are at Kiwanis Park in Lewiston
- Race Day Registration opens at 8:45am, Closes at 9:45am
- Race will be Chip Timed – 10yr age group awards – LC Team Gear Raffle
- For more information contact Coach Collins at 208-792-2308 or [mcollins@lcsc.edu](mailto:mcollins@lcsc.edu)



<u>COSTS</u>	<u>WITH SHIRT</u>	<u>No SHIRT</u>
Children (12 and under)	\$20.00	\$5.00 (any time – no late fee)
Pre-Registered (by January 12 <sup>th</sup> )	\$20.00	\$10.00
Late Registration (after January 12 <sup>th</sup> )	\$25.00	\$10.00

\*\*\*Late Registrations are NOT guaranteed a shirt\*\*\*

Can enter ONLINE at [www.RACEENTRY.com](http://www.RACEENTRY.com)

**LEWISTON**  
**ORTHOPAEDICS**

Experience You Can Trust

## REGISTRATION FORM – PLEASE PRINT

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SHIRT SIZE (Circle): S M L XL XXL (add \$2 to entry fee – if late we will NOT order XXL)

## Please read the following statement and sign below before submitting entry.

I know that competing in a fun run is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I assume all risks associated with competing in this event, including, but not limited to falls, contact with other participants, the effects of weather, traffic, interactions with non-participants and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, myself and anyone entitled to act on my behalf, waive and release any and all sponsors and organizers, their officers, agents and assigns, the race director and volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. **I also**

**understand that my entry fee is non-refundable and non-transferable.** A parent must sign if the child is under 18 years of age. This certifies that the child has permission to participate and agrees to the previously stated waiver. I also understand that the race is chip timed and I am responsible for the timing chip. Failure to return will result in a **replacement fee charged to me of \$25.**

**ACTS OF GOD & OTHERS DISCLAIMER:** Although it is not anticipated that weather, road construction, etc.. will affect the race. The race organizers reserve the right to adjust the course, the time of the race and anything other compensations necessary due to factors beyond their control which includes, but is not limited to weather, road construction, ... In eleven years of putting on these races we have never had to worry about this type of an event, but want to be sure that any and all participants are aware that it could happen and that we will make every effort to conduct the race to the best of our ability with the safety of all participants and volunteers in mind.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if under 18 years of age): \_\_\_\_\_ Date: \_\_\_\_\_

Mail Entry and Fees to: **Mike Collins**

**LCSC Cross Country  
500 8<sup>th</sup> AVENUE  
Lewiston, ID 83501**

Have checks made out to: **LCSC XC**

**Please keep in mind that weather conditions at this time of the year could cause a cancelation of the race. We will do what we can to avoid and/or work around that, but it is always a possibility.**