

**OVERALL SPRINT RESULTS  
2017 Snake River Triathlon**

**Hells Gate State Park 03/25/2017 10:00 am**

**Directed by: Mike Collins**

**Sponsored by: Lewiston Orthopaedic Assoc.**

Place	No.	C	Name	City, State	Ag	S	DivP	DivTl	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1.	1450		CHRIS RAYKOVICH	Lewiston, ID	36	M	1	4	7:37	15:14	0:18	43:40	20.6	0:45	18:28	7:24	1:10:46
2.	1372		JASON BROWN	Garfield, WA	41	M	1	6	7:48	15:35	0:27	44:18	20.3	0:32	18:11	7:17	1:11:13
3.	1440		LIZ WYLIE	Walla Walla, WA	46	F	1	5	8:20	16:39	0:21	44:29	20.2	1:02	17:20	6:56	1:11:29
4.	1435		CHARLIE WALKER	Lewiston, ID	42	M	2	6	7:23	14:45	0:22	44:30	20.2	1:01	18:22	7:21	1:11:36
5.	1416		CHASE PALMER	Lewiston, ID	26	M	1	4	7:07	14:14	0:19	44:18	20.3	0:41	19:29	7:48	1:11:52
6.	1377		CHRIS CHAPMAN	Pullman, WA	47	M	1	5	7:16	14:31	0:17	44:04	20.4	0:43	19:39	7:52	1:11:57
7.	1366		TROY BAKER	Pendleton, OR	49	M	2	5	7:34	15:08	0:19	43:18	20.8	1:01	19:48	7:56	1:11:58
8.	1430		NATHAN SPAIN	Moscow, ID	43	M	3	6	7:51	15:42	0:30	45:38	19.7	0:43	18:36	7:27	1:13:17
9.	1415		TIM OLSON	Plains, MT	57	M	1	3	8:57	17:54	0:32	44:06	20.4	1:05	19:18	7:43	1:13:57
10.	1406		MICHELLE KING	Lewiston, ID	40	F	1	5	8:28	16:56	0:20	45:46	19.7	1:25	19:14	7:42	1:15:10
11.	1412		BRETT MYERS	Pullman, WA	46	M	3	5	8:29	16:58	0:21	47:08	19.1	1:05	18:26	7:23	1:15:27
12.	1425		JASON SARRAZIN	Tensed, ID	35	M	2	4	7:45	15:29	0:18	49:54	18.0	1:16	19:07	7:39	1:18:18
13.	1434		IAN TIPPETS	Lewiston, ID	38	M	3	4	7:31	15:02	0:45	50:10	17.9	1:17	18:53	7:33	1:18:34
14.	1455		AMY KNAPPS	Lewiston, ID	50	F	1	12	7:21	14:42	0:26	48:37	18.5	1:36	20:58	8:24	1:18:57
15.	1403		HAILEY JOHNSON	Genesee, ID	22	F	1	1	5:56	11:51	0:20	51:29	17.5	0:59	21:09	8:28	1:19:52
16.	1378		BRET CHRISTENSEN	Lewiston, ID	50	M	1	5	13:19	26:37	0:25	45:02	20.0	1:24	19:50	7:56	1:19:58
17.	1408		NICHOLAS KRASSELT	Lewiston, ID	37	M	4	4	8:45	17:30	0:18	49:06	18.3	0:49	22:06	8:51	1:21:02
18.	1424		RHEA ROSS	Chewelah, WA	33	F	1	7	8:42	17:23	0:18	51:42	17.4	0:36	19:53	7:57	1:21:08
19.	1385		TAMRA EDMONSON	Lewiston, ID	52	F	2	12	8:39	17:18	0:26	51:07	17.6	1:10	21:01	8:25	1:22:21
20.	1433		JOE THORNTON	Spokane, WA	59	M	2	3	9:31	19:02	0:20	49:04	18.3	0:59	22:30	9:00	1:22:23
21.	1456		JOANN COLE-HANSEN	Lewiston, ID	54	F	3	12	8:14	16:28	0:23	51:51	17.4	1:18	21:21	8:33	1:23:05
22.	1397		AMY HARTFORD	Walla Walla, WA	51	F	4	12	10:41	21:21	0:24	51:13	17.6	1:09	20:42	8:17	1:24:07
23.	1422		COLE ROBINSON	Lewiston, ID	32	M	1	5	10:57	21:53	0:29	54:20	16.6	0:25	18:18	7:20	1:24:26
24.	1402		CURT JOHNSON	Genesee, ID	46	M	4	5	7:52	15:43	0:18	51:12	17.6	1:52	23:26	9:23	1:24:38
25.	1364		SHELLA AMES	Lewiston, ID	55	F	1	4	9:03	18:06				1:30	22:41	9:05	1:25:48
26.	1461		TYSON NICKERSON		26	M	2	4	11:31	23:01	0:26	55:07	16.3	1:04	18:45	7:30	1:26:50
27.	1414		KIMBERLY OCKWELL	Clarkston, WA	32	F	2	7	13:25	26:50	0:18	51:26	17.5	1:21	20:35	8:14	1:27:03
28.	1454		ANDY ONEILL	Clarkston, WA	43	M	4	6	11:12	22:24	0:24	54:10	16.6	0:58	20:22	8:09	1:27:05
29.	1401		BRANDI JEFFRIES	Clarkston, WA	32	F	3	7	10:03	20:05	0:24	52:37	17.1	1:27	23:06	9:15	1:27:35
30.	1391		THERESA HAMPSON	Walla Walla, WA	55	F	2	4	8:20	16:39	0:22	54:48	16.4	1:07	23:12	9:17	1:27:47
31.	1381		LYNN DEVER	Tensed, ID	60	F	1	4	10:10	20:19	0:24	56:28	15.9	1:43	19:33	7:49	1:28:16
32.	1376		THERESA CARTER	Princeton, ID	52	F	5	12	8:50	17:40	0:20	52:44	17.1	1:19	25:15	10:06	1:28:26
33.	1388		TWILA GLOCKNER	Lewiston, ID	37	F	1	4	8:34	17:08	0:22	54:10	16.6	1:08	24:19	9:44	1:28:32
34.	1379		KRISTA DAVIDSON	Walla Walla, WA	53	F	6	12	9:51	19:42	0:23	57:08	15.8	1:13	20:12	8:05	1:28:46
35.	1438		MEGAN WILSON	Nezperce, ID	50	F	7	12	10:41	21:22	0:24	54:52	16.4	0:55	22:08	8:51	1:28:58
36.	1451		JENNIFER RAYKOVICH	Lewiston, ID	35	F	2	4	11:15	22:29	0:30	54:33	16.5	1:19	21:37	8:39	1:29:13
37.	1387		GREG FRY	Asotin, WA	54	M	2	5	9:09	18:17	0:18	56:10	16.0	1:23	22:22	8:57	1:29:20
38.	1398		ARNOLD JAHN	Spokane, WA	52	M	3	5	12:54	25:47	0:28	51:03	17.6	1:16	23:47	9:31	1:29:26
39.	1418		ROSS PROCTER	Lewiston, ID	54	M	4	5	9:42	19:23	0:22	54:53	16.4	1:01	24:04	9:38	1:30:00
40.	1441		MARCY ZARAGOZA	Spokane, WA	41	F	2	5	9:23	18:45	0:27	57:12	15.7	1:20	22:16	8:55	1:30:36
41.	1427		RYAN SCHLNING	Spokane, WA	32	M	2	5	9:57	19:54	0:20	56:50	15.8	0:53	23:22	9:21	1:31:19
42.	1368		CANDAE BALL	Walla Walla, WA	61	F	2	4	9:47	19:33	0:28	58:31	15.4	1:35	21:38	8:40	1:31:57
43.	1419		MIKE REISENAUER	Colton, WA	47	M	5	5	11:23	22:46	0:24	56:07	16.0	0:49	23:45	9:30	1:32:26
44.	1370		BILL BEUTLER	Clarkston, WA	63	M	1	3	11:58	23:55	0:20	55:13	16.3	1:08	24:22	9:45	1:32:58
45.	1392		HANS HANSEN	Clarkston, W	26	M	3	4	12:39	25:18	0:32	54:25	16.5	1:11	24:50	9:56	1:33:34

Place	No.	C Name	City, State	Ag	S	DivP	DivTl	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
46.	1452	JOHN STROUPE	Lewiston, ID	55	M	3	3	15:07	30:14	0:16	54:21	16.6	0:35	23:22	9:21	1:33:40
47.	1457	JEREMIAH ROBINSON	Lewiston, ID	28	M	4	4	12:19	24:38	0:20	59:54	15.0	0:36	20:52	8:21	1:33:58
48.	1413	DARCELL MYERS	Pullman, WA	48	F	2	5	9:34	19:07	0:24	1:01:15	14.7	1:18	22:12	8:53	1:34:40
49.	1411	KAREN MULLIKIN	Clarkston, WA	48	F	3	5	10:44	21:28	0:23	58:49	15.3	1:25	23:28	9:24	1:34:48
50.	1458	MIKE LLOYD	Lewiston, ID	30	M	3	5	9:17	18:33	0:30	58:04	15.5	1:12	26:45	10:42	1:35:45
51.	1371	MIKE BONNEY	Moscow, ID	67	M	1	1	9:58	19:56	0:27	58:36	15.4	0:44	26:07	10:27	1:35:52
52.	1367	SUSILA BALES	Moscow, ID	49	F	4	5	12:08	24:16	0:29	58:33	15.4	1:38	23:11	9:17	1:35:56
53.	1417	MEGAN PAUL	Walla Walla, WA	41	F	3	5	11:59	23:57	0:21	56:15	16.0	1:32	26:09	10:28	1:36:14
54.	1426	JESSICA SCHLEE	Asotin, WA	33	F	4	7	10:40	21:20	0:22	1:01:12	14.7	1:11	23:01	9:13	1:36:24
55.	1431	MARK SPEARS	Lewiston, ID	54	M	5	5	13:18	26:36	0:17	56:08	16.0	1:03	25:46	10:19	1:36:30
56.	1382	KIMBERLY DEVEREAUX	Spokane, WA	48	F	5	5	10:56	21:51	0:26	58:33	15.4	1:32	25:07	10:03	1:36:32
57.	1409	KATELYN LITCHFIELD	Clarkston, WA	35	F	3	4	8:58	17:56	0:24	1:02:08	14.5	0:42	24:48	9:56	1:36:59
58.	1432	DEANNA SPECK	Clarkston, WA	51	F	8	12	11:05	22:09	0:24	1:03:07	14.3	1:48	21:41	8:41	1:38:03
59.	1407	JENNIFER KONEN	Lewiston, ID	30	F	5	7	14:05	28:10	0:22	1:00:47	14.8	0:26	23:50	9:32	1:39:28
60.	1404	MARCUS JOHNSON	Genesee, ID	17	M	1	2	8:42	17:24	0:22	1:03:20	14.2	2:42	24:29	9:48	1:39:33
61.	1410	KELLY MEYER	Nine Mile Falls, WA	52	F	9	12	9:57	19:53	0:28	59:33	15.1	2:03	28:52	11:33	1:40:51
62.	1405	RACHEL KANOOTH	Clarkston, WA	34	F	6	7	10:14	20:28	0:22	1:10:28	12.8	0:33	19:46	7:55	1:41:21
63.	1460	ERIK BROWN	Lewiston, ID	31	M	4	5	9:35	19:10	0:30	1:06:14	13.6	1:18	23:52	9:33	1:41:29
64.	1374	ELLIE BROWN	Garfield, WA	42	F	4	5	14:25	28:49	0:39	1:00:06	15.0	1:30	25:10	10:04	1:41:48
65.	1437	DEBBIE WHITELEY	Lewiston, ID	58	F	3	4	13:43	27:26	0:29	59:11	15.2	1:14	28:25	11:22	1:43:01
66.	1386	AMBER ELLIS-WORLIE	Clarkston, WA	28	F	1	3	11:46	23:32	0:26	1:03:02	14.3	1:42	26:44	10:42	1:43:37
67.	1459	CHELSEY LUNA	Lewiston, ID	27	F	2	3	12:44	25:27	0:32	1:05:21	13.8	1:12	26:40	10:40	1:46:27
68.	1375	KAREN CARLILE	Walla Walla, WA	37	F	4	4	10:37	21:13	0:25	1:08:55	13.1	0:52	27:26	10:59	1:48:13
69.	1439	STEVE WOODBURY	Clarkston, WA	63	M	2	3	8:24	16:47	0:32	1:06:12	13.6	1:14	34:19	13:44	1:50:39
70.	1369	LYNNE BECK	Clarkston, WA	64	F	3	4	11:00	21:59	0:44	1:06:12	13.6	2:23	30:28	12:11	1:50:44
71.	1380	NANCY DEOBALD	Harvard, ID	61	F	4	4	13:25	26:50	0:28	1:07:57	13.2	1:05	28:04	11:14	1:50:58
72.	1395	TRISTAN HARKER	Clarkston, WA	12	M	2	2	10:15	20:29	0:27	1:14:00	12.2	0:27	26:59	10:48	1:52:05
73.	1442	DAN ZENNER	Moscow, ID	63	M	3	3	30:45	61:30	0:24	57:03	15.8	1:27	22:31	9:01	1:52:09
74.	1420	TOM REISENAUER	Colbert, WA	44	M	5	6	11:31	23:02	0:23	1:04:46	13.9	1:47	34:59	14:00	1:53:24
75.	1436	TERESA WALLACE	Post Falls, ID	51	F	10	12	16:05	32:10	0:25	1:01:12	14.7	2:23	35:10	14:04	1:55:14
76.	1390	JENNILYN HALL	Moscow, ID	33	F	7	7	12:02	24:04	0:35	1:13:14	12.3	0:46	31:02	12:25	1:57:39
77.	1399	SHELLY JAHN	Spokane, WA	54	F	11	12	12:41	25:21	0:35	1:13:56	12.2	1:30	34:12	13:41	2:02:52
78.	1365	DEBBIE ARBUCKLE	Spokane, WA	51	F	12	12	12:32	25:03	0:35	1:11:24	12.6	2:19	38:49	15:32	2:05:36
79.	1449	HELEN HOLMES	Anchorage, AK	74	F	1	1	12:24	24:48	0:32	1:12:32	12.4	1:59	40:19	16:08	2:07:45
80.	1423	MARYLOU ROBINSON	Lewiston, ID	57	F	4	4	15:46	31:31	0:27	1:21:50	11.0	1:09	30:10	12:04	2:09:20
81.	1421	ASHLEY ROBINSON	Lewiston, ID	29	F	3	3	30:44	61:28	0:26	1:09:51	12.9	0:46	31:16	12:31	2:13:02
82.	1383	PAMELA DUCLOS	Lewiston, ID	41	F	5	5	18:51	37:41	0:23	1:27:27	10.3	1:12	31:14	12:30	2:19:05
83.	1394	PORTIA HARKER	Clarkston, WA	9	F			16:00	31:59	0:28	1:37:11	9.3	0:51	35:12	14:05	2:29:40
84.	1393	JONATHAN HARKER	Clarkston, WA	42	M	6	6	9:22	18:43	7:07	1:37:14	9.3	0:49	35:14	14:06	2:29:44
85.	1448	PRESTON SKOLES	Princeton, ID	99	M	1	1	29:44	59:28	0:24	1:39:01	9.1	0:41	24:45	9:54	2:34:33
86.	1453	JAKE SCOLES	Princeton, ID	31	M	5	5	29:45	59:29	0:24	1:39:00	9.1	0:41	24:46	9:55	2:34:34

Mar-25-2017 1:49:55pm

86 records processed.

**SPRINT RELAY TEAM RESULTS**  
**2017 Snake River Triathlon**

**Hells Gate State Park 03/25/2017 10:00 am**

**Directed by: Mike Collins**

**Sponsored by: Lewiston Orthopaedic Assoc.**

Place	No.	T	R	Team	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
=====	=====	=	=	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1.	1400	A		TEAM LC VALLEY						0:09	15:52	6:21	1:09:41
2.	1447	C	A	TEAM TRI JAHNS						0:11	20:28	8:11	1:16:47
3.	1444	C	A	TEAM NABICOR						0:15	24:05	9:38	1:32:54
4.	1446	C	A	TEAM REISENAUER						0:11	22:20	8:56	1:42:12
5.	1443	C	A	TEAM FREI & HARDING	12:49	25:38	0:28	1:23:01	10.8	1:02	26:55	10:46	2:04:14