

DUM & DUMMER



Half-Marathon

February 25 – Hells Gate State Park – Lewiston, Idaho

Half-Marathon: 8:00am Start

Duathlon: 12:00pm (Noon) Start (4k run – 22k bike – 4k run)*anticipated

Costs: \$30.00

Late registrations are not guaranteed a shirt.

- RECEIVED after February 10.

Awards to top 3 in each 10-year age group

Half awards at approximately 11am

Mail Entry and Fees to:

LCSC XC,
C/O Coach Collins,
500 8th AVE, Lewiston, ID 83501

Online entry available at: www.raceentry.com



----- [return section below] -----

DUM & DUMMER

NAME: _____ Age: _____ Gender: _____

ADDRESS: _____ City: _____ State: _____ Zip: _____

EMAIL: _____ Phone: _____

SHIRT SIZE (circle one): SMALL MED LARGE XL XXL (add \$2.00) – **Late Registrations not guaranteed a shirt**

EVENT: HALF _____ DUATHLON _____ BOTH _____

PLEASE READ BELOW AND SIGN BEFORE SUBMITTING.

I know that competing in a triathlon/duathlon/funrun are potentially hazardous activities. I should not enter and compete unless I am medically able and properly trained. I assume all risks associated with competing in this event, including, but not limited to falls, contact with other participants, the effects of weather, traffic, interactions with non-participants and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, myself and anyone entitled to act on my behalf, waive and release any and all sponsors and organizers, their officers, agents and assigns, the race director and volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I also understand that my entry fee is non-refundable and non-transferable. There is a \$35 fee for all non-returned race chips. A parent must sign if the child is under 18 years of age. This certifies that the child has permission to participate and agrees to the waiver.

ACTS OF GOD & OTHERS: Although it is not anticipated that weather, road construction, etc.. will affect the race. The race organizers reserve the right to adjust the course, the time of the race and anything other compensations necessary due to factors beyond their control which includes, but is not limited to weather, road construction, ... We will make every effort to conduct the race to the best of our ability with the safety of all participants and volunteers in mind.

SIGNATURE: _____ Date: _____

SIGNATURE: _____ Date: _____

SIGNATURE: _____ Date: _____ (Parent if participant is under 18)

